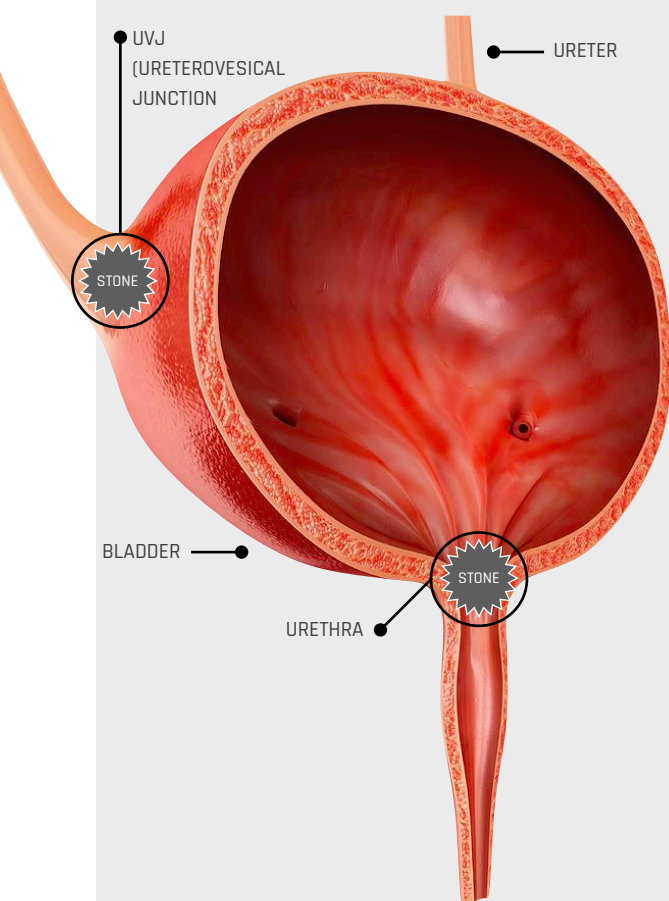


# 3 STEPS

## TO FORCE OUT KIDNEY STONES

STONE RELIEF™

So, you have a stone stuck at the UVJ or in your bladder?  
We Feel Your Pain! We've been there.



Kidney stones can be one of the longest-lasting and most painful experiences of a person's life. Making matters worse, your doctor likely hasn't provided you with any useful or actionable advice outside of "drink more water."

**Passing your kidney stone doesn't have to be complicated.** If you follow these three simple steps, you can force your kidney stone past the UVJ (Ureterovesical Junction) and/or out of your bladder so you can get back to living your life, kidney stone free.

### STEP ONE | ANTI-INFLAMMATORY

Kidney stone that get stuck are all about inflammation; as they irritate the living heck out of your urinary tract. By taking an elevated dose (2x normal) of an anti-inflammatory like Tylenol or Advil, you will reduce inflammation enough to allow more freedom of movement for the kidney stone; which is what we're looking for.

### STEP TWO | CHUG SOME WATER

Once things have loosened up a bit in your urinary tract with the help of the anti-inflammatory, it's time to create some **PRESSURE**. The goal will be for you to drink 1.5-2L (48-64oz) of water in the shortest period of time possible. **DO NOT SIP**. Chug Chug! Chug!

### STEP THREE | POP THAT SUCKER OUT

All of the water you just drank will create a high level of back pressure in your urinary tract. Combined with the loosened state, all that you need to do now is urinate at the fastest rate possible to force the stone past the UVJ and/or out of your bladder.

Sounds simple, right? Well, it really is! However, if you don't get the stone to move past the UVJ or out of your bladder on the first attempt, try-try-try again. Wait 4 hours and repeat steps 1-3 and you should be doing your victory dance in no time.

Remember, passing your kidney stone shouldn't be complicated. We've done the research, thoughtfully sourced the all-natural ingredients, and put it all together for you in one easy to use product, **STONE RELIEF CLEANSE**.

PASS YOUR KIDNEY STONE FASTER WITH  
LESS PAIN WITH STONE RELIEF **CLEANSE**

BUY NOW